

Egg Chef Challenge:

State:

Recipe and preparation information

Contestant Name:

Please list below the name and a brief description of the recipe to be demonstrated. Give the complete recipe following the directions given in rules #10 and #23. This recipe will be submitted to the judges as typed. **Please submit to Jacquie Jacob at jacquie.jacob@uky.edu.**

Recipe Name:

Description:

Preparation time from start to finish:

Estimated time needed in contest site kitchen to prepare for demonstration, including the time required for ingredient preparation, cooking, and set-up of demonstration table and posters.

| Equipment: | Yes | No | Time needed | Surface | Equipment: | Yes | No | Time needed* |
|------------------|--------------------------|--------------------------|----------------------|----------------------|-------------------|--------------------------|--------------------------|----------------------|
| unit | <input type="checkbox"/> | <input type="checkbox"/> | <input type="text"/> | | Microwave | <input type="checkbox"/> | <input type="checkbox"/> | <input type="text"/> |
| Oven | <input type="checkbox"/> | <input type="checkbox"/> | <input type="text"/> | | Refrigerator | <input type="checkbox"/> | <input type="checkbox"/> | <input type="text"/> |
| Oven temperature | | | <input type="text"/> | <input type="text"/> | Electrical outlet | <input type="checkbox"/> | <input type="checkbox"/> | <input type="text"/> |

*NOTE: Equipment, including refrigerator, are not available prior to start of contest prep time on day of contest

RECIPE